



Wavepower 2016–19 2.3

Member's Code of Conduct General behaviour 1.

CODE OF CONDUCT FOR MEMBERS

I will treat all members of, and persons associated with, the ASA with due dignity and respect.

2. I will treat everyone equally and never discriminate against another person associated with the ASA on any grounds including that of age, sexual orientation, gender, faith, ethnic origin or nationality.

3. I understand that the use of inappropriate or abusive language, bullying, harassment, or physical violence will not be tolerated and could result in action being taken through the disciplinary or child welfare policies.

4. I will display a high standard of behaviour at all times.

5. I will always report any poor behaviour by others to an appropriate officer or member of staff.

6. I will recognise and celebrate the good performance and success of fellow club and team members.

7. I will respect the privacy of others, especially in the use of changing facilities.

8. For my own well being I will discuss training with the head coach if I have an injury.

TRAINING

1. I will arrive on time with my kit, hat goggles swim suit and appropriate equipment. ie. floats , flippers etc..

2. I will shower and warm up before entering the pool. If late I will not enter the water until instructed by the coach.

3. I will respect my coach and fellow members, I will listen to my coach and follow all instruction. I will encourage team-mates in their swimming.

4. If I must leave the pool for any reason I will inform the coach before doing so.

5. I will act responsibly and will not;-
Stand and /or stop in a lane or pull on the ropes. Doing this can cause injury.

6. I will follow the rule for overtaking i.e Enter water when the swimmer in front reaches the flags. If I need to overtake I will gently tap the foot of the swimmer I am overtaking and swim in front of them keeping up the faster pace. Likewise if tapped on the foot I will let the swimmer behind pass.

7. I will approach training with a mature and positive attitude and try my best at every session.

8. I will not skip lengths or sets as I am only cheating myself. I will practice turns and touch the wall as instructed.

9.If I have any problems I will talk to my coach or other appropriate adult.

COMPETITIONS

Competitions 1. At competitions, whether they be open meets, national events or club galas, I will always behave in a manner that shows respect to my coach, the officers, my team mates and the members of all competing organisations.

2. I understand that I will be required to attend events and galas that the Head Coach has entered/selected me for, unless agreed otherwise by prior arrangement with the relevant official and coach.

3. I understand that I must wear appropriate swimwear, tracksuits, T-shirts/shorts and hats as per the rules laid down by the organisation.

4. I will report to my coach and/or team manager on arrival on poolside.

5. I will warm up before the event as directed by the coach in charge on that day and ensure I fully prepare myself for the race.

6. I will be part of the team. This means I will stay with the team on poolside.

7. If I have to leave poolside for any reason, I will inform, and in some cases, get the consent of the team manager/coach before doing so.

8. After my race, I will report to my coach for feedback.

9. I will support my team mates. Everyone likes to be supported and they will be supporting me in return.

10. I will swim down after the race if possible, as advised by my coach.

11. My behaviour in the swim down facility must be appropriate and respectful to other users at all times.

12. I will never leave an event until either the gala is complete or I have the explicit agreement of the coach or team manager.

13. I will let the Team Manager or other appropriate adult know ASAP if I am unable to attend a gala which I have previously committed to.

SANCTIONS

If a swimmer fails to uphold reasonable and respectable behaviour at the training sessions or competitions or where a swimmer is in obvious breach of the

“Swimmers (Members) Code of Conduct” Firstly;-

The coach in charge of the session where an incident or unreasonable behaviour Occurred will endeavour to deal with the situation at the time, informally. This may involve the ? sanctions which aim to help the swimmer to think about their action and to take responsibility for their own behaviour.

Stage 1. Verbal warning

Stage 2. Immediate brief time out from training, with opportunity to return to the pool.

Stage 3. The swimmer will be sent to get changed and report to the coach in charge. This will result in an informal discussion with parents/guardians.

Stage 4. For more serious problems the club will follow ASA Judicial Laws.

Signed.....

Date.....