

DIVE IN

July 2017 ~ Welcome to the Garstang Gators Swimming Club newsletter. If there's something you'd like to see included, please contact editor@garstangasc.org.uk



Stroke Technique clinic

Friday 7th July 6-7pm Breast stroke
Friday 14th July 6-7pm Back stroke
Friday 21st July 6-7pm Front Crawl

Social event

Saturday 22nd July at Catterall village hall (5-9pm). Outdoor activities (hopefully!) rounders, cricket, football. Food, drinks and chat. Tickets on sale from Friday 7th July at swimming club sessions. Adults £5/ Child £3. Tickets must be bought in advance so we know how much food to order.

Summer Swimming timetable

This will start after the training session on Sunday 23rd July. This will be sent by email to every family and also be on our web site and noticeboard at Garstang.

Congratulations to our judges

Many congratulations to Clare Williamson who has recently passed the J1 judging qualification.

Also, congratulations to Jerry Charmak and Andy Charlesworth who have progressed to the next qualification in judging and have gained the J2 qualification.

These qualifications will allow the Club to hold licensed galas more easily as we will not have to rely on other Clubs to support us as much.

If anyone is interested in officiating (timekeeping or judging) at the galas we attend, please let Sue Roome know. The commitment can be as little or as much as you wish. If you require more information about officiating, please speak to Andy Charlesworth.



UPCOMING EVENTS

FRI 7TH – 21ST JULY 2017

Technique Clinics

8TH JULY 2017

Annual Club Medals Gala – Palatine Pool Blackpool

SAT 22ND JULY 2017

Social event 5-9pm Catterall Village Hall

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Well done Matthew and Natalie

Matthew Charlesworth has been picked for the North Lancs Team at the Inter Association gala. He will compete in the 100m Breaststroke and is also the reserve for the 200m Breaststroke. Well done Matthew. A fantastic achievement for one of the club's younger swimmers. Also his sister Natalie has been selected as a reserve for the 100m breast stroke. Well done to her too.

Please feel free to forward this newsletter to family and friends. Gators can accommodate new members.

