



Dear,

Welcome to Garstang Amateur Swimming Club also known as Garstang Gators. We hope you will have an enjoyable and happy time as a swimmer at our club and that you make many new friends and enjoy training and competing with us.

Your parents have been given details of information available to you as swimmer and them as parents. Please ask them to share this information with you.

We are a Swim England Swim Mark accredited club and this means we are committed to help you achieve to a standard that is right for you. The coaches and teachers are all here to help you reach your potential and have been trained to do so in a safe and proper manner.

If you are worried about anything to do with your training, you can speak to your coach. We encourage you to do this but understand that some may find it easier than others. If you prefer, talk to your parents who can then talk to your coach for you.

The club has a Welfare Officer. If you have a concern about yourself or another swimmer, how you are being treated by others or something that is making you unhappy your Club Welfare Officer is there for you. Details of how to contact the Welfare Officer is on our notice-board in the foyer on the wall between the two toilets.

Garstang Amateur Swimming Club does not condone bullying of any kind, by adults or children, and has an anti bullying policy. This policy can be found on our web site or go to the Swim England Wave Power document. Tackling bullying is the responsibility of everyone at GASC. We are a TELLING club. This means that anyone who knows that bullying is happening is expected to tell the club Welfare Officer or any other committee member or coach or your parents.

We expect all our swimmers to behave in a courteous and responsible manner to their coaches, all club helpers, fellow swimmers and all adults and young people you have contact with in competitions. We have a code of conduct that you and your parents will be asked to sign and return to the club secretary. If you are unsure about anything in the code of conduct, please feel free to ask. You will find the codes on the club web site.

We hope you will have a very happy and successful time while a member the Garstang Amateur Swimming Club (Garstang Gators.)

From

Club Welfare Officer