

DIVE IN



April 2019 ~ Welcome to the Garstang Gators Swimming Club newsletter. If there's something you'd like to see included, please contact editor@garstangasc.org.uk

Stroke technique clinics

Friday 5th April 6-7pm – Front Crawl

Friday 12th April 5-6pm – Back Stroke

Friday 19th April – No session (Good Friday)

Friday 26th April 6-7pm – Breast Stroke



Change to Training on a Friday

As the Friday sessions from 8-9pm at the Garstang pool have been very poorly attended by the A squad for many months, the committee has decided that training will finish at 8.30pm as from Friday 26th April. The A squad swimmers can join the 7pm session and swim for an hour and a half until 8.30pm.

Home Micro League Gala

Sunday 7th April- Home Micro League Gala at the Palatine pool, Blackpool. The team has been selected and we would like some parents to volunteer to help make the gala run smoothly.

Training at Garstang on Sunday 7th April will be held from 4-5.30pm. All squads to arrive at 4pm.

Next Sub League Gala

The next Sub league will be on Saturday 6th April at Salt Ayre at 2.15pm.

Easter Holiday Training Times

Training at Garstang on Friday 12th April will be held from 5-7pm. C & D squads to swim at 5-6pm, and A & B squads at 6-7pm.

Training at Garstang on Sunday 14th April will be 4-5.30pm. All squads to swim at 4pm.

Friday 19th- Monday 22nd April- no sessions (Easter weekend)

UPCOMING EVENTS

SATURDAY 30TH AND SUNDAY 31ST MARCH

Burnley Bobcats Gala, Darwen

SATURDAY 6TH APRIL

Sub League Gala, Salt Ayre, Lancaster @ 2.15pm

SUNDAY 7TH APRIL

Micro League Gala, Palatine, Blackpool @ 1pm

FRIDAY 3RD TO SUNDAY 5TH MAY

Blackpool Rocks Swimming Gala
Palatine Pool, Blackpool

SUNDAY 16TH JUNE

Garstang Gators Medals Gala,
Palatine Pool, Blackpool @ 11am

CHAIR
Sandra McKean

SECRETARY
Sue Roome

TREASURER
Annie Collinson

HEAD COACH
Sue Booth

TEAM MANAGER
Julie Barber

WELFARE OFFICER
Jayne Smith
Stewart Livingstone

chair@garstangasc.org.uk

sec@garstangasc.org.uk

treasurer@garstangasc.org.uk

headcoach@garstangasc.org.uk

teammanager@garstangasc.org.uk

welfare@garstangasc.org.uk

No land training on Saturdays 13th and 20th April (Easter school holidays)

New Website

Check out our new website. Sue White Secretarial services has created our new site. It is very easy to read and navigate around to find information.

Garstang Gators Medals Gala

Our annual Medals Gala, which is open to both our own club and other clubs, will be taking place on Sunday 16th June 11-3pm at the Palatine pool, Blackpool. All swimmers are encouraged to enter. Most of our swimmers who are aged 9 and over are eligible to enter as there are no lower cut off times. Keep an eye out for the entry form and deadline for entries on our new website.

Blackpool Rocks Gala

All entries submitted for Blackpool Rocks have been accepted. Further information, including warm up times will be circulated via email nearer the time.

Good Luck!

Good luck to swimmers that are competing in the Burnley Bobcats Gala during the final weekend in March. Here's hoping for some great PB's and a few more regional times 😊

Please feel free to forward this newsletter to family and friends. Gators can accommodate new members.