



Garstang Amateur Swimming Club ~ MEDALS GALA ENTRY FORM

Sunday 16th June 2019, Blackpool Palatine pool, 11.00am Warm Up

ASA L3 LICENCE 3NW191604/ GALA WILL BE AGE ON DAY

(Under ASA Laws and ASA Technical Rules)

NAME	ASA Number	Age on Day	D.O.B.
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EVENT	50m Freestyle	50m Backstroke	50m Breaststroke	50m Butterfly	100m I.M.
TICK TO ENTER					
PB TIME					

THE TIMES BELOW ARE THE CUT OFF TIMES. IF YOU HAVE SWUM FASTER THAN THESE TIMES YOU ARE UNABLE TO ENTER THAT EVENT

GIRLS	FLY	BACK	BRST	FREE	IM
9 YRS	42.00	43.00	48.50	36.50	1.38.00
10 YRS	41.00	42.00	47.50	35.50	1.31.00
11 YRS	39.00	40.00	45.50	33.00	1.25.00
12 YRS	37.50	37.00	42.00	32.00	1.18.00
13 YRS	35.00	35.50	39.00	31.00	1.15.00
14 YRS	32.50	33.50	38.00	30.00	1.13.00
15 YRS	31.50	33.00	37.00	29.50	1.10.00
16 YRS +	31.00	32.50	36.00	29.00	1.08.00

BOYS	FLY	BACK	BRST	FREE	IM
9 YRS	43.00	43.00	49.00	36.50	1.38.00
10 YRS	42.00	42.00	48.00	35.50	1.31.00
11 YRS	39.00	39.00	45.00	33.00	1.25.00
12 YRS	36.00	36.50	42.00	31.00	1.18.00
13 YRS	33.50	35.00	40.00	30.00	1.13.00
14 YRS	32.00	32.50	38.00	28.00	1.10.00
15 YRS	31.00	32.00	34.00	27.00	1.07.00
16 YRS +	29.00	31.00	33.00	26.50	1.05.00

Garstang Gators entry form and payment of £4.00 per event
(cheques made payable to Gartang Amateur Swimming Club)

Please hand the form to Sue Roome or Debbie Ctitchley no later than the 25th May 2019

Please remember that it is the responsibility of parents/guardians to make arrangements for the transport and care of their child(ren) while travelling to and from, and during, galas. Liaison with other parents/guardians is encouraged, to cut down the number of cars travelling.