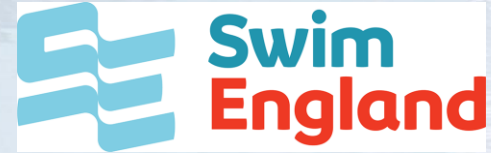


DIVE IN

November 2019 ~ Welcome to the Garstang Gators Swimming Club newsletter. If there's something you'd like to see included, please contact editor@garstangasc.org.uk



Stroke technique clinics

Friday 1st November 6-7pm – Front Crawl
Friday 8th November 6-7pm – Backstroke
Friday 15th November 6-7pm – Butterfly
Friday 22nd November 6-7pm – Breast stroke
Friday 29th November 6-7pm – Front Crawl

Annual Club Championships

Our Annual Club Championships will be held on Saturday 14th December from 2-5pm at Palatine Pool in Blackpool. Entry forms need to be returned and entry fees paid by Sunday 24th November. Entry forms have been emailed to every swimmer and will also be available on our website.

Presentation Evening

Presentation of trophies and medals from this year's Annual Club Championships will take place on Saturday 18th January 2020 at the Wyrebank in Garstang. DJ Danny will be there with his brilliant disco. Tickets will be on sale soon.

Cake Sale

Delicious homemade cakes will be on sale at swimming sessions on Friday 8th November, organized by next year's Swim Camp swimmers to help fundraise for their trip. Please bring support by buying or donating cakes.

Swimming Success

Congratulations to all our swimmers who competed in the second weekend of the North Lancashire Championships. More great PBs were achieved. Huge congratulations to **Sophie Pinder** who won a bronze medal in 100 breast stroke. Also congratulations to six of our swimmers (**Euan Morse, Isaac Barber, Eloise Barber, Erin McNeil, Charlotte Wilson** and **Tamara**

UPCOMING EVENTS

FRIDAY 8TH NOVEMBER

Cake sale at swimming sessions at Garstang Pool

15TH-17TH NOVEMBER

Future Open Stars Level 2 Gala, Wigan

7TH AND 8TH DECEMBER

Manchester Snowpen, Manchester Aquatics Centre

4TH DECEMBER 2-5PM

Garstang Annual Club Championships @ Blackpool

18TH JANUARY 2020

Annual Club Championships
Presentation Evening

5TH-7TH JUNE 2020

Great North Swim, Windermere

CHAIR
Sandra McKean

SECRETARY
Sue Roome

TREASURER
Annie Collinson

HEAD COACH
Sue Booth

TEAM MANAGER
Julie Barber

WELFARE OFFICER
Gaynor and Anna

chair@garstangasc.org.uk

sec@garstangasc.org.uk

treasurer@garstangasc.org.uk

headcoach@garstangasc.org.uk

teammanager@garstangasc.org.uk

welfare@garstangasc.org.uk

Crosbie) who were asked by Blackpool to be part of their squad in the Squadron Relays. All put in fine performances.

More Swimming Success!

Twelve Garstang swimmers competed in the Annual Blackpool Lights Swimming Gala last weekend. There were some amazing personal best times achieved (33 in total) and more qualifying times achieved for Lancashire County Championships. Well done to **Tamara Crosbie** who secured both 200 Individual Medley and 100 butterfly county times and to **Erin McNeil** who achieved her 50m backstroke county time.

An impressive total of 14 medals were won by our swimmers. Well done to:

Eloise Barber who won 3 Gold medals (50m breast; 100m back and 200m back) and 2 Bronze medals (100m free and 200m free) and got an impressive six PBs

Tamara Crosbie who won 2 Gold medals (100m fly and 200m IM) and got 2 PBs

Sophie Pinder who got a speeding ticket in 200m breast, won Gold in 100m breast, won Bronze in 100m IM and got 3 PBs

Erin McNeil who won Gold in 100m IM and Silver in 200m breast and got 3 PBs

Isaac Barber who won Gold in 50m breast stroke and got 4 PBs

Isobel Critchley who won Silver in 50m backstroke and got 2 PBs

Catherine McConnell who got a fabulous 5 PBs

Penny Diggins who also got 5 brilliant PBs

Abby Johnston who got 2 PBs

Esme Beesley who got a PB in 50m backstroke

Please feel free to forward this newsletter to family and friends. Gators can accommodate new members.