

DIVE IN



January 2020 ~ Welcome to the Garstang Gators Swimming Club newsletter. If there's something you'd like to see included, please contact editor@garstangasc.org.uk

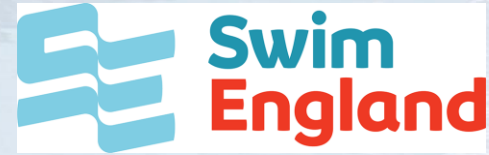
Stroke technique clinics

Friday 10th January 6-7pm – Breaststroke

Friday 17th January 6-7pm – Front Crawl

Friday 24th January 6-7pm – Backstroke

Friday 31st January 6-7pm - Butterfly



UPCOMING EVENTS

11TH AND 12TH JANUARY; 25TH AND 26TH JANUARY; 8TH AND 9TH FEBRUARY

Lancashire County Championships,
Manchester Aquatics Centre

18TH JANUARY 2020 @ 1PM,
DARWEN

First Sub League Gala of the season

18TH JANUARY 2020

Annual Club Championships
Presentation Evening

Training Times

All training returns to normal from Sunday 5th January.

Land Training starts again on Saturday 11th January at Ascend Fitness, Catterall at 10.15am.

Annual Subscriptions

Annual subs are now due, £40 for swimmers who will be 9 years or older in 2020 and £30 for 8 years and younger.

Subscriptions need to be paid before the end of January please.

Presentation Evening

Tickets for the presentation evening need to be booked and paid for by Sunday 12th January at the latest.

Tickets 9 years and upwards £12 (all adult meals). Children 5-8 years £6 and under 5's free.

Come along for a really good night with your friends dancing to DJ Danny!

Request for Raffle Prizes

Any donations of raffle prizes for the presentation evening would be greatly appreciated.

CHAIR
Sandra McKean

SECRETARY
Sue Roome

TREASURER
Annie Collinson

HEAD COACH
Sue Booth

TEAM MANAGER
Julie Barber

WELFARE OFFICER
Gaynor and Anna

[chair@
garstangasc.org.uk](mailto:chair@garstangasc.org.uk)

[sec@
garstangasc.org.uk](mailto:sec@garstangasc.org.uk)

[treasurer@
garstangasc.org.uk](mailto:treasurer@garstangasc.org.uk)

[headcoach@
garstangasc.org.uk](mailto:headcoach@garstangasc.org.uk)

[teammanager@
garstangasc.org.uk](mailto:teammanager@garstangasc.org.uk)

[anna.welfare@
garstang.org](mailto:anna.welfare@garstang.org) and
[gaynor.welfare@
garstang.org](mailto:gaynor.welfare@garstang.org)

AGM

Our AGM is being held on Tuesday 7th January 2020, 7.30 Royal Oak, Garstang. All welcome!

Lancashire County Championships

We are thrilled to announce that the number of our swimmers who have achieved times quick enough to qualify for the Lancashire County Championships has increased again this year. Last year seven of our swimmers qualified – this year this has increased to **NINE!** For a small club such as ours this is absolutely brilliant and a credit to all the hard work of our swimmers and coaches.

Well done and good luck to **Natalie Charlesworth, Jessica Critchley, Lucas Brown, Erin McNeil, Eloise Barber, Penny Diggins, Charlotte Wilson, Tamara Crosbie** and **Issac Barber** who will be competing over three weekends in January and early February.

Good Luck!

Good luck to all of our swimmers who will be representing Garstang in the first sub league gala of the season, which takes place on 18th January at 1pm at Darwen.

Finishing the Preliminary Competitive Start Award (Diving badge)

Fleetwood Swimming Pool has been provisionally booked for Saturday 8th February from 8-9am for the shallow end diving part of the Preliminary Competitive Start award. This session is for all swimmers who have joined Garstang Swimming Club in the past year who have attended the 9-10am sessions on Saturdays and who are ready to finish their badge.

Congratulations!

Huge congratulations to all of our swimmers who competed in our Annual Club Championships in December. There were some great swims and very close races and fabulous personal best times achieved. You should all be really proud of yourselves! We are looking forward to presenting you with your medals and trophies at the presentation evening on the 18th January.

thank
you!

...to all the parents and volunteers who helped the gala run so smoothly. We couldn't do it without you!

Happy 2020 everyone - Here's to another great year for Garstang Amateur Swimming Club!



Please feel free to forward this newsletter to family and friends. Gators can accommodate new members.